

TREATMENT SERVICES MISSION STATEMENT

Mesa County Criminal Justice Services, Treatment and Education Division provides on-site programming that is evidenced-based and encourages personal responsibility. Innovative programs will be provided in a professional manner and providers will be credible and respected leaders within the treatment community. In order to reduce harmful behavior and promote community safety, communication between treatment providers and supervising agencies must be open and services must be cognitive based, focusing on skills leading to growth and change.



Location

Powell Building
650 South Avenue

Mailing Address

PO Box 20,000
Grand Junction, CO 81502-5018

Phone (970) 244-3889

Fax (970) 241-0836

Website www.cjsd.mesacounty.us

SUMMIT VIEW TREATMENT PROGRAM



**A Mesa County program
providing services and
rehabilitation to those with
chemical addictions.**

"Viewing the Future with Hope"

TREATMENT AND EDUCATION

Mesa County Criminal Justice Services (CJSD) is a consolidation of Mesa County alternative sentencing programs which has its roots back to 1971 when the County began the first Work Release program in Colorado. The program offers a variety of offender services to the criminal justice system, as well as services to the general community which are focused on public safety and public health.

CJSD offers treatment and education classes to address the need for change.

We provide services to adults from the community or the criminal justice system. All programs offered by CJSD are evidence-based, using cognitive-behavior modalities of treatment and education that have been proven to be effective in changing behavior. Because we understand the importance for individuals to have access to program services, we offer a sliding scale fee based on the individual's ability to pay, including services to those who are indigent. Services offered include:

- **Substance Abuse**
- **Relapse Prevention**
- **Life Skills**
- **Problem Solving Skills**
- **Parenting**
- **Anger Management**
- **Employment Skills**

SUBSTANCE ABUSE TREATMENT

CJSD provides a wide variety of treatment services for those struggling with addiction. Utilizing validated clinical assessments, each individual is evaluated to determine the appropriate intensity of treatment, and specific the needs to address for sustained sobriety. We offer a continuum of care ranging from residential to transitional living. This includes helping individuals develop the structure and skills needed for successful sober living in the community and providing outpatient treatment with a variety of intensities.

Because treatment is individualized, treatment length is based on individual progression, not sessions attended. Treatment services utilize the following elements:

- Cognitive-behavioral group therapy: therapy services that focus on the person's behavior and thought processes for long-term, sustainable change.
- Motivational Enhancement techniques: assisting and engaging the individual throughout the recovery process.
- Positive Reinforcement: focusing on positive behavioral changes and compliance.
- Family Involvement: providing support systems with information and assistance in creating a supportive recovery environment.

- Relapse Prevention Techniques: providing skills and knowledge to effectively cope with high risk situations and emotions.
- Substance Testing: utilizing up-to-date and timely technologies to effectively monitor and intervene if necessary.
- Case Management: providing a single point of contact, client-centered, and long-term monitoring.
- Multidisciplinary Team: working together with individuals and agencies to coordinate and compliment each other's efforts.

INFORMATION and REFERRAL

For more information or to make a referral, please see our website at www.cjsd.mesacounty.us, call (970) 244-3889, or complete the mail-in request form.

Name: _____

Address: _____

Phone: _____

I would like more information about:

- Receiving substance abuse
- Referring someone for treatment
- How I can get involved